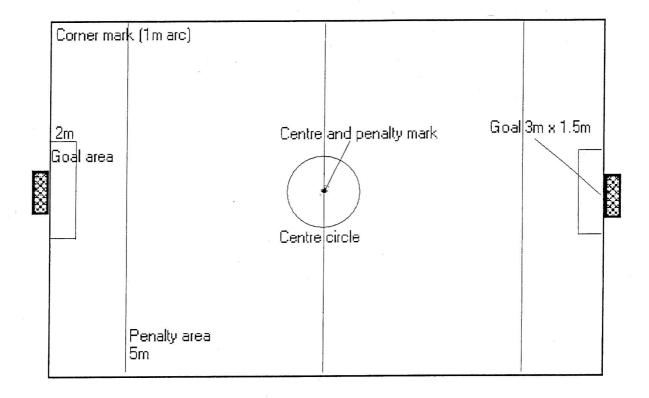


ہر Field



Age Group:

U6/U5

Category: Focus:

Description

Dimensions: 25m wide x 30m long

Goal area: 2m from posts, 2m from goal-line Penalty area: 5m from posts, full width of field Centre circle: 3m from centre of field at half-line Corner marking: 1m arc from corner for corner kicks

Penalty arc: none

Penalty mark: use centre of field

Players: 3v3 Ball size: 3

Goal size: 3m wide x 1.5 m high (10'w x 4.5'h)

Game duration: 2 x 10 min. halves (5 minute halftime)

Team size: 5-7

Coaching: on field allowed

Key Teaching Points

Kay Execution Points